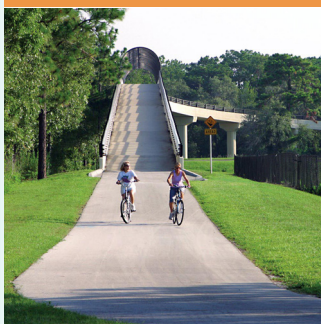




BIKE TRAILS MAP





Bicycle Shops and Repair

Our bike rental and repair shops make it easy for you to get behind the handlebars.

Brooksville Bicycle Center

1110 W Jefferson St
Brooksville, FL 34601
352-799-7607
www.brooksvillebicycle.com

Full-service bicycle shop, bike and e-bike sales and service and accessories.

Brooksville Bike Tower

101 South Brooksville Avenue
Brooksville, FL 34601

At the Brooksville Bike Tower, cyclists in the area have a covered area to rest and tend to their bikes if needed. Bicycle parking is also available, allowing riders to take a break for lunch, a snack or exploring this charming downtown.

Crank Works Bicycles

20070 Cortez Boulevard
Brooksville, FL 34601
352-593-4176
www.crankworksbikes.com

Full-service bicycle shop, bike sales and service, accessories, skateboards, local rides and event information.

Croom Hill Bike Rentals

813-389-2395

www.croomhillbikerentals.com

Delivery of e-bike rentals to your favorite Brooksville trailhead.

E-Cycle Adventures

3049 Aerial Way

Brooksville, FL 34604

352-593-8205

www.ecycleadventures.com

Full-service bike shop, bike and e-bike sales, service, gear and accessories.

Trek Bicycle Spring Hill

13071 Cortez Boulevard

Brooksville, FL 34613

352-293-2603

www.trekspringhill.com

Full-service bicycle shop, bike and e-bike sales and service, accessories, local rides and event info.

E-Bikes

While e-bikes are gaining in popularity all across the country, their use is limited on our local trails. While e-bikes may be ridden on our trails, they must be powered by humans only, and their motors must remain off.



Safety Do's and Don'ts



Wear a helmet. If you're under 16 years old, it's mandatory. If you're 16 or older, it's the smart way to bike.



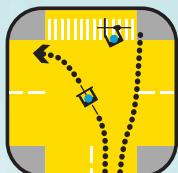
Use lights when riding at night. Most fatal bicycle accidents occur during twilight or nighttime.



Use hand signals to let others know what you intend to do.



Be on the lookout for car doors opening. Scan the road around you for obstacles, pot holes, curbs, other hazards.



Two ways to make a left turn:

1. From the traffic lane or from a special left turn lane.
2. Ride to the far side crosswalk and walk your bike across the roadway.



Obey traffic lane rules. Ride as far right as practicable. Never ride against the flow of traffic.



Never pass a slower moving vehicle on the right. Never weave between cars.



Obey all traffic signals and warning signs.

FROM SERIOUS CYCLISTS TO YOUNG BEGINNERS HERNANDO COUNTY TRAILS HAVE IT ALL!



Pedal into Florida's wild side on scenic bike trails designed for serious cycling. Visitors from near and far visit Florida's Adventure Coast, Brooksville – Weeki Wachee for some of the best biking found anywhere. A variety of terrain, trails, scenic country roads and a shady, historic downtown welcome bicyclists to Florida's Adventure Coast. Home to the Brooksville Ridge, challenging elevation changes interspersed amid miles of level terrain offer a ride for all ages and skills. Winding through forests, preserves and scenic countryside, your perfect bike ride awaits!

The Florida Coast-to-Coast Trail

Connecting Florida's Sunrise to Sunset

Upon completion, the Coast-to-Coast (C2C) Trail will be a continuous 250-mile paved multi-use trail linking Florida's east and west coasts, stretching from the Gulf Coast to the Atlantic Ocean. The C2C Trail, which is part of the Sun Trail network, will ultimately link communities between St. Petersburg and Titusville, and has many segments under construction. Learn more about the trail and find the latest Coast-to-Coast Trail project completion maps at <http://c2cconnector.org>.



Brooksville's Good Neighbor Trail

Connecting historic Brooksville to the Withlacoochee State Trail, the Good Neighbor Trail is a joy for cyclists. Ten miles long, this scenic urban greenway connects to the 46-mile long Withlacoochee State Trail. The trail follows the route of the former Florida Southern Railroad Line—a fun piece of trivia that's sure to delight any train enthusiasts in the group. The Russell Street Park Trailhead in Brooksville, also offers access to the Brooksville 1885 Railroad Depot Museum and the Countryman One-Room Schoolhouse Museum, as well as a gazebo, picnic area, water fountains and restrooms. Just minutes away you'll find charming cafés, quaint shops and even a handy bike repair station at the water-tower park located at the intersection of E. Liberty St. and S. Brooksville Ave.



From the park, this mostly level trail stretches east beneath a shady tree canopy, crossing and paralleling country roadways until entering the Withlacoochee State Forest. From there it connects to the north-south Withlacoochee State Trail.

Trailhead:

- Good Neighbor Trailhead: 70 Russell Street, Brooksville, FL 34601

Suncoast Trail

Part of Florida's statewide Greenways and Trails System, the 41.3-mile Suncoast Trail is among the longest paved trails in the state. Opened in 2001, the award-winning scenic trail parallels the Suncoast Parkway running through Hillsborough, Pasco, and Hernando counties. Cyclists travel through a mix of suburban, agricultural and natural areas, and can

enjoy amenities including rest areas, water supply and interpretive signs that highlight the trail's significance and the local ecology. A planned connector trail will also link the Suncoast Trail with the Brooksville Good Neighbor Trail, offering riders access to historic Brooksville, as well as the Coast to Coast Trail, linking to other destination trails such as the Upper Tampa Bay Trail and the Pinellas Trail. It's a great place to get in a run, a ride, or just a leisurely stroll (or roll) while enjoying the great outdoors.

A recent safety enhancement for Suncoast Trail users is GPS decals placed along the trail. Should you need help, just tell rescue personnel the nearest coordinates to assure quick

response.

Trailheads, North to South:

- US 98 – 28.69600, -82.50141
- SR 50 – 28.53645, -82.48244
- Powell Road – 28.49634, -82.48541
- Anderson Snow Park: 1360 Anderson Snow Rd, Spring Hill, FL 34609

Withlacoochee State Trail

At 46 miles in length, the Withlacoochee State Trail is presently the longest paved rail trail in Florida, traversing Citrus, Hernando and Pasco counties, and is a nationally recognized recreational trail. With generally flat terrain, mile markings and many access points, it offers an easy ride for all skill levels. Designated as part of the Florida Greenways and Trail System, this trail offers a variety of recreational opportunities as it meanders through six distinctly different native habitats between Citrus Springs and Dade City. Cyclists enjoy a variety of views as they travel through small towns, a stretch of multi-use path that parallels the Withlacoochee River, and

sections traversing the Croom Wildlife Management Area of the Withlacoochee State Forest, where wildlife sightings can include white-tailed deer, gopher tortoises, indigo snakes, and swallow-tail kites. Other nearby highlights are the Withlacoochee River (South) Canoe Trail and Silver Lake Recreation Area.

The Withlacoochee State Trail is open for day use, 8 a.m. to sunset. The trail is open to runners, hikers, cyclists, and skaters, and an unpaved equestrian trail parallels segments of the route. Each October on the first Sunday, the trail is host to the Annual Rails to Trails of the Withlacoochee Bike Ride.

Trailheads, North to South:

- Townsen Lake Preserve: 28011 Lake Lindsey Rd, Brooksville, FL 34601
- Silver Lake Recreation Area: 31475 Silver Lake Rd, Brooksville, FL 34602
- Ridge Manor Trailhead: 6410 Croom Rital Road, Ridge Manor, FL 33523

Off-Road Bicycle Trails

If winding, forested single-track is more your speed, discover mountain biking in the Croom Tract of the Withlacoochee State Forest. Managed by Tampa Bay's popular SWAMP Mountain Bike Club, over 50 miles of mapped trails feature exciting elevation changes, curves and jumps.

A mountain bike ride on forest trails is a great way to intensely enjoy nature and fitness. Grab the handlebars. Pump the pedals. Get away from it all for an adrenaline boost. Mountain biking is a great way to escape traffic, technology and the general noise of daily life. Feel your muscle and cardio strength build as you





navigate the up-and-down curves and straight-aways of Florida's Adventure Coast trails. Heart rate-boosting elevation changes are courtesy of the Brooksville Ridge, marking some of central Florida's highest points. Free of motorized traffic and away from all commerce, stop; catch your breath and listen to the

peaceful sounds of nature.

Florida's Adventure Coast delivers loads of mountain bike trail options for year-round cycling. Organized evening rides hold appeal as after-work exercise options with lower temperatures and the thrilling sunset/moonrise combination. Headlamps are recommended as the rides often extend after dark. Cyclists of varying skill levels are welcome, and the rides offer different paces, but all should be comfortable with a 12-16-mile minimum ride.

Go guided by joining group rides through the Croom Tract of Withlacoochee State Forest. Group mountain bike rides are led by the friendly staff of Crank Works Bicycle Shop. Call ahead at 352-593-4176 to confirm ride dates and details.

For more mountain biking adventures, check out the Southwest Association of Mountain Bike Pedalers, Inc. (SWAMP). Active in the Tampa Bay region, the SWAMP Club maps and maintains area off-road trails, and offers a variety of organized rides and events. With 60 miles of trails, the mapped Florida's Adventure Coast Croom Tract represents the largest trail system the club maintains.

Start today with this sustainable way to relish the outdoors, get fit and spend time with others that share your mountain biking passion.

Scenic Roadways

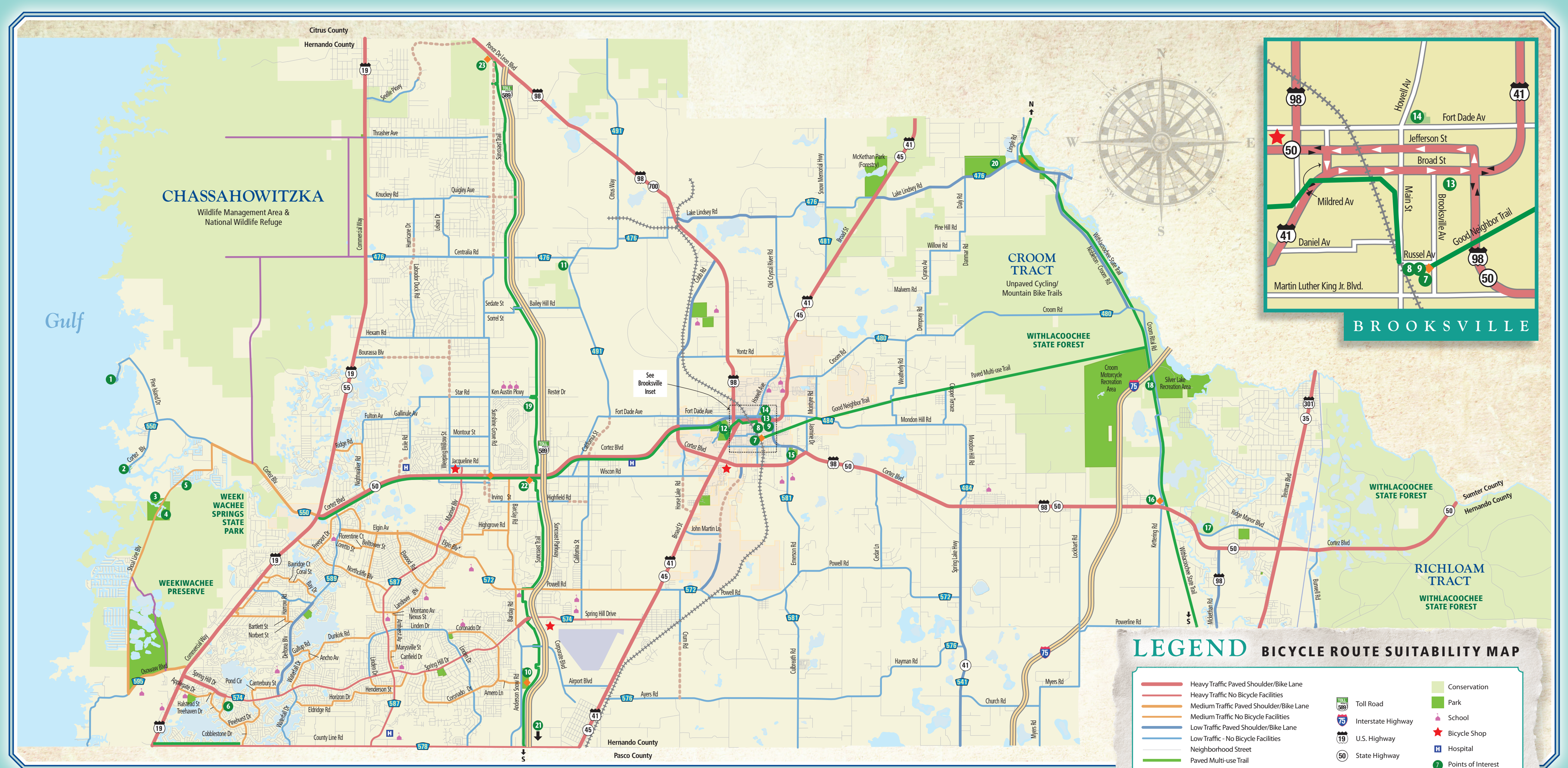
Low traffic roadways on the eastern end of Florida's Adventure Coast offer a scenic route and challenging terrain for on-road cycling. East of Broad Street / US-41 and north of historic downtown Brooksville, canopied streets and roadways rise and fall while passing by small neighborhoods, forests and rural landscapes. Events such as the annual Hilly Hundred, a CAAM tour series event hosted by Crank Works Bicycle Shop have utilized these roads, including popular ones such as Spring Lake Highway and Croom Road.

Group Rides

If you enjoy the camaraderie of group bike rides, consider joining a shop ride lead by one of our local bike shops! Follow both Crank Works Bicycles and Trek Spring Hill on Facebook for the latest updates on shop rides planned and confirmed.

For more information on Florida statutes and bicycle laws, visit flbikelaw.org





HERNANDO COUNTY AREA PARKS & POINTS OF INTEREST

- 1 Alfred McKethan / Pine Island Park**
10840 Pine Island Drive, Spring Hill, FL 34607
A 3-acre park on the Gulf located at 10840 Pine Island Drive (off County Road 495 west of Weeki Wachee). Includes beach and swimming area, picnic tables, shelters, barbecue grills, observation point, playground, and restrooms.

2 Bayport Park
4140 Cortez Boulevard, Spring Hill, FL 34607
Bayport Park sits on the Gulf at the end of State Road 50 west. Includes picnic tables, pavilions, restrooms, barbecue grills, fishing pier and two boat ramps including a dedicated ramp for kayaks and canoes. 5 beautiful acres with a Boardwalk with panoramic views and additional parking for cars and boat trailers.

3 Jenkins Creek Park
6401 Shoal Line Boulevard, Spring Hill, FL 34607
The natural resources found at Jenkins Creek – natural fresh-water springs, man-made canals, coastal marshes, uplands, and waterways leading to the Gulf have all been beautifully preserved. A one-acre park with boat launch (small boat or canoes only), fishing pier, grill and picnic tables, and restrooms.

4 Linda Pedersen Park at Jenkins Creek
6400 Shoal Line Boulevard (CR595), Spring Hill, FL 34607
135-acre park on the Great Florida Birding Trail with a forty-foot-high observation tower for a panoramic view of the marsh and look out over the Gulf. Includes grills, picnic tables, pavilion, swimming area, playground, community building, showers, and restrooms.

5 Rogers Park
7244 Shoal Line Boulevard, Spring Hill, FL 34607
3-acre beach park on the Weeki Wachee River. Includes boat ramp, canoe launch, swimming area, showers, observation deck, picnic tables and shelter, playground, barbecue grills and a volleyball court, and restrooms.

6 Pioneer Park/Stewy's Skate Park
6799 Pinehurst Drive, Spring Hill, FL 34606
A 7-acre park located in Spring Hill. Includes shuffleboard, basketball court, picnic tables, restrooms, horseshoe pits and playground. The County's first Skate park is located at this park! The 18,720 sq. ft. skate park's amenities include ramps, obstacles, half pipes, a concession stand, and covered pavilion.

7 Russell Street Park and Trailhead
28 Russell Street, Brooksville, FL 34601
A small park that serves as the Good Neighbor Trailhead and includes the 1885 Train Depot and Countryman One-Room Schoolhouse Museums, as well as a gazebo, picnic area, parking, and restrooms.

8 The 1885 Train Depot Museum
70 Russell Street, Brooksville, FL 34601
This museum in historic Brooksville features two HO model train exhibits, an original 1925 LaFrance Fire Engine, a Cook / Utility Box Car, exhibits of farm equipment, industrial tools and more.

9 Countryman Family One Room Schoolhouse
66 Russell Street, Brooksville, FL 34601
A reconstruction of the first schoolhouse in Hernando County. Interactive tours given by appointment.

10 Anderson Snow Park
1360 Anderson Snow Road, Spring Hill, FL 34609
This 100-acre park is one of Hernando County's multi-functional sports complexes. Amenities include picnic shelters and pavilions, 3 restroom/concession buildings, press boxes, playground/tot lot, and walking and bicycle trails. From the park you can access the Suncoast Bike Trail along the Suncoast Parkway, an important link in the regional bicycle network.

11 Fickett Hammock Preserve
Enter off Centralia Road before Citrus Way, Brooksville, FL 34614
Located in the northwest part of the county, you'll enjoy a hike and observing nature on 149 acres in a virtually undisturbed setting, that is pet-friendly. A portion of the Florida Trail runs through this pristine Preserve, designated an 'Environmentally Sensitive Land.'

12 Tom Varn Park
301 Darby Lane, Brooksville, FL 34601
Located off State Road 50A in Brooksville. Amenities include shelters, picnic tables, grills, baseball fields, basketball courts, stadium, concession stand, playground, splash pad, and restrooms.

13 Brooksville Bike Tower & Repair Station
101 South Brooksville Avenue, Brooksville, FL 34601
At the Brooksville Bike Tower, cyclists in the area have a covered area to park, rest, and tend to their bikes if needed.

14 Hernando Park
205 East Fort Dade Avenue, Brooksville, FL 34601
A 1.5-acre park located in the heart of Brooksville. Includes picnic tables, band shell and stage, tennis and pickleball courts, playground, and restrooms.

15 Coach Lorenzo Hamilton Sr. Park
899 Kennedy Boulevard, Brooksville, FL 34601
A 25-acre park, located off State Road 50 in Brooksville. Amenities include shelters, picnic tables, grills, volleyball, baseball fields, basketball courts, press box, playground, concession stand and recreation building with full kitchen, and restrooms.

16 Withlacoochee State Trail–Ridge Manor Trailhead
6410 Croom Rital Road, Ridge Manor, FL 33523
Trailhead includes parking, picnic pavilions, and restrooms.

17 Cypress Lake Preserve
SR 50 and Ridge Manor Boulevard, Ridge Manor, FL 33525
A great place for hiking buffs. With 324 acres and approximately 600' of frontage on the Withlacoochee River, you can enjoy the peace and tranquility of the walking and hiking trails.

18 Silver Lake Recreation Area
31475 Silver Lake Road, Brooksville, FL 34602
Located within the Croom Tract of the Withlacoochee State Forest, this day-use area is perfect for a picnic or exploring nearby trails including the Withlacoochee State Trail. Trailhead includes parking, pavilion, picnic tables and a small boat ramp/canoe launch.

19 The Olive Grove
15016 Rester Drive, Brooksville, FL 34613
An organic olive tree orchard with over 300 trees and 9 varieties of olives. The Olive Grove offers farm-to-table fresh foods, extra virgin olive oil sampling, tours, seminars and workshops by appointment.

LEGEND BICYCLE ROUTE SUITABILITY MAP

Heavy Traffic Paved Shoulder/Bike Lane	Conservation
Heavy Traffic No Bicycle Facilities	Park
Medium Traffic Paved Shoulder/Bike Lane	School
Medium Traffic No Bicycle Facilities	Bicycle Shop
Low Traffic Paved Shoulder/Bike Lane	Hospital
Low Traffic - No Bicycle Facilities	Points of Interest
Neighborhood Street	Trailhead
Paved Multi-use Trail	
Planned Multi-use Trail	
Unpaved Bicycle Trail	
Road Planned does not exist	
Railroad	
Limited Access (No bicycles allowed)	

1 Inch = 1.65718 Miles

0 1 2 3 4 5

Toll Road

Interstate Highway

U.S. Highway

State Highway

County Highway

- 20 Lake Townsen Regional Park**
28011 Lake Lindsey Road (CR 476), Brooksville, FL 34601
Located on 375 acres in the eastern part of the county, this park has something for everyone - baseball, basketball, volleyball, horseshoes, a fishing pier/boat ramp, and picnic areas, playground, hiking trails and horseback riding trails, and restrooms.

21 Strong Tower Vineyard & Winery
17810 Forge Drive, Spring Hill, FL 34610
Strong Tower Vineyard & Winery features three carefully chosen grape varieties, each chosen for its unique flavor and characteristics. Tour the vineyard, visit the tasting room or pick your own Muscadine grapes during the season.

22 Suncoast Trail – SR-50 Trailhead
From Cortez Boulevard/State Road 50, head South on Grove Road; then turn left onto Gar Street Trailhead includes parking, restrooms and potable water.

23 Suncoast Trail – US-98 Trailhead
From Brooksville, head north on US-98 N/Ponce De Leon Boulevard. Trailhead includes parking.

Hernando County Department of Parks & Recreation
www.hernandocounty.us/parks 352-754-4031

Bike and Bus... Get There Quicker!

TheBus has an exciting mobility option for Hernando residents and visitors. You can take your bike with you on any fixed bus route. It's an easy, convenient and safe way to combine your bike ride with a bus trip, to explore Hernando County.

For additional information regarding Bikes-On-Buses or TheBus, call **352-754-4444** or visit us online at **www.hernandobus.com**.



TECHNICAL SUPPORT PROVIDED BY:

HERNANDO/CITRUS MPO

789 Providence Boulevard
Brooksville, Florida 34601-3043
Phone (352) 754-4082
www.HernandoCitrusMPO.us



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